



## What to Wear for X-rays

Objects on clothing and pieces of jewelry are visible on an X-ray image and can interfere with our view of the patient's bones and joints. Many children and teenagers prefer not to wear the radiology gowns during their appointments at TSRHC. The radiology clerk will check your child's clothing before their radiology exam. Gowns, robes or shorts in various sizes are available in the radiology department if needed.

For some X-ray studies, shorts or a gown are required.

Wear **shorts** or a **gown** for the following X-ray studies:

- Hips (Pelvis)
- Thigh (Femur)
- Knee
- Legs

Wear a **gown** for the following X-ray studies:

- Spine (i.e. scoliosis film)
- Bladder (i.e. VCUG)
- Kidney and abdominal ultrasounds

### • **Jewelry**

Necklaces, watches, rings and bracelets will need to be removed before the X-ray is performed. Body piercings are not normally removed during an X-ray examination.

### • **Tops**

The patient may wear a plain T-shirt or sweatshirt (no buttons, snaps, zippers, heavy imprinted decorations or designs with glitter). Older girls may wear a sports bra under their T-shirt or sweatshirt.

### • **Bottoms**

Boys and girls may wear shorts or sweat pants with elastic waistbands (no zippers, snaps, buttons). Please make sure there are no coins or metal objects in the pockets and check for metal rings on the waistband of outfits with tie strings.

### • **Shoes**

We recommend the patient wear shoes that can be easily removed: flats or shoes with Velcro® fasteners are the best. Socks do not interfere with most X-ray exams and most patients prefer to wear them during their radiology exam.